

WIC PROVIDING EXTRA MONEY FOR FRUIT AND VEGETABLES IN JUNE, JULY, AUGUST AND SEPTEMBER...

WIC participants receive many benefits from the program. Participants learn about health and nutrition information that is important to their family. WIC offers breastfeeding support to nursing mothers. Participants also receive food benefits via an eWIC card to purchase healthy foods at participating grocery stores.

Additionally, participants receive vouchers for use at local farms and Farmers' Markets. As Maine's fresh produce season gets underway, WIC participants will be receiving an extra \$35, for every member of the household 12 months and older, dedicated toward the purchase of fruits and vegetables. In addition to services provided by ACAP's WIC Program, the team connects participants with information about other services offered by the Agency, and with additional community resources.

If you are interested in the Women, Infants and Children's Nutrition program, contact our ACAP WIC team at 207-768-3026.

Be on the lookout for the dates of ACAP's WIC Program Seasonal Farmer's Market, coming to the 771 Main Street Presque Isle location this summer!

The flyer features a red background with a white circular frame containing various colorful fruits and vegetables with faces. The WIC logo is in the top right corner. Text in the center announces an extra \$35 for every participant 12 months and older from June to September. At the bottom, it encourages offering kids new tastes and textures and provides a contact number. A small disclaimer at the very bottom states 'This institution is an equal opportunity provider.'

wic WOMEN, INFANTS, & CHILDREN

JUNE, JULY, AUG, SEPT = EXTRA \$35 FOR EVERY WIC PARTICIPANT 12 MONTHS & OLDER FOR FRUITS & VEGETABLES.

Consider offering kids new tastes & textures!
What are you going to buy & try?

This institution is an equal opportunity provider.