







# Practical Nursing Supplemental Questions

6. Understanding that there are 168 hours in a week, please use Part A and Part B below to plan how your time will be spent each day during the Practical Nursing program. The hours outlined in Part A must match the schedule in Part B.

<b>Part A.</b>	<u>Estimated time (hours/week)</u>
a) LPN Classroom & Clinical (light blue blocks)	24
b) Travel to class/clinical	_____
c) Study/ Clinical preparation (16 hours minimum)	_____
d) Sleep/Personal Hygiene/Exercise	_____
e) Eat/meal preparation	_____
f) Work & commuting time (if any)	_____
g) Other (e.g. Leisure/Family/Free time)	_____
<b>TOTAL (a. – g.) must equal</b>	<b>168 hours</b>

**Part B.** Fill each box below with one of the time categories (a – g) from above. Lecture, lab, and clinical times a have already been filled for you. **Note: weekly schedule is subject to change.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM	a	a					
8:00 AM	a	a					
9:00 AM	a	a					
10:00 AM	a	a		a	a		
11:00 AM	a	a		a	a		
12:00 PM	a	a					
1:00 PM	a	a		a	a		
2:00 PM	a	a		a	a		
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							
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12:00 AM							
1:00 AM							
2:00 AM							
3:00 AM							
4:00 AM							